Love Flows

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - September 2026
Music: Let Your Love Flow - Outliers : (iTunes & Amazon)

8 count intro

Thank you so much to Tracey Keqa for suggesting the music.

Section 1: SHUFFLE FWD, FWD ROCK, SHUFFLE BACK, BACK ROCK

1 & 2	Step forward on R (1), step L next to R (&), step forward on R (2)
3 4	Rock forward on L (3), recover on R (4)
5 & 6	Step back on L (5), step R next to L (&), step back on L (6)
7 8	Rock back on R (7), recover on L (8)

Section 2: STOMP, SWIVEL, SWIVEL, STOMP, POINT SIDE, POINT FRONT, POINT SIDE, FLICK

1 2	Stomp R forward on R diagonal (1), swivel L heel in toward R (2)
3 4	Swivel L toe in toward R (3), stomp L next to R (4)
5 6	Point R to R side (5), point R forward (6)
7 8	Point R to R side (7), flick R up behind L (8)

Section 3: CHASSE R, BACK ROCK, CHASSE L, BACK ROCK

1 & 2	Step R to R side (1), step L next to R (&), step R to R side (2)
3 4	Rock back on L (3), recover on R (4)
5 & 6	Step L to L side (5), step R next to L (&), step L to L side (6)
7 8	Rock back on R (7), recover on L (8)

Section 4: MONTEREY 1/4 R, HEEL & HEEL & HEEL, CLAP TWICE

1 2	Point R to R side (1), ¼ R on ball of L stepping R next to L (2) (3:00)
3 4	Point L to L side (3), step L next to R (4)
5&6&	Touch R heel forward (5), step R next to L (&), touch L heel forward (6), step L next to R (&)
7 & 8	Touch R heel forward (7), clap (&), clap (8)

ENDING: Dance 32 counts of Wall 8 to finish the dance facing (12:00).

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