Tick Tock

Count: 32 **Wall:** 4 **Level:** High Improver
Choreographer: Rob Fowler (ES) & Colin Ghys (BEL) - September 2026
Music: Tick Tock (Special Remix Version) - DJROXX

S1: FORWARD ROCK, SIDE ROCK, SAILOR STEP, CROSS, SIDE, BEHIND-SIDE-HEEL-TOGETHER

1&2&	Rock forward on R, recover weight on L, rock R to R side, recover weight on L
3&4	Step R behind L, step L to L side, step R to R side
5-6	Cross L over R, step R to R side
7&8&	Step L behind R, step R to R side, touch L heel forward, step L next to R

S2: CROSS, SIDE, BEHIND, 1/4 TURN, STEP, 3/4 WALK-AROUND SHUFFLE

1-2	Cross R over L, step L to L side
3&4	Step R behind L, make 1/4 turn L stepping L forward, step R forward [9:00]
5-6	Make 1/4 turn L stepping L forward, make 1/4 turn L stepping R forward [3:00]
7&8	Make 1/4 turn L shuffling forward L-R-L [12:00]

S3: FORWARD MAMBO WITH DRAG, COASTER STEP, KICK-HEEL, HIP SIT

1&2	Rock forward on R, recover weight on L, take a large step back on R dragging L towards R
3&4	Step back on L, step R next to L, step forward on L
5&6&	Kick R forward, step R next to L, touch L heel forward, push hips forward
7&8	Sit down into the knees, lift/push hips forward, recover weight back on R keeping L heel forward

S4: COASTER STEP, WALK, WALK, ANCHOR STEP, 1/2 TURN, 1/4 TURN TOUCH

1&2	Step back on L, step R next to L, step forward on L
3-4	Walk forward R, walk forward L
5&6	Lock R behind L, recover weight on L, step slightly back on R
7	Make 1/2 turn L stepping forward on L [6:00]
8	Make 1/4 turn L touching R to R side [3:00]

START AGAIN AND ENJOY!