

# Like A Hula Hula Hoop

Choreographer : Wil Bos & Dwight Meessen  
Walls : 4 wall phrased line dance  
Level : Easy Intermediate  
Counts : part A 32, part B 32  
Info : Intro 32 counts  
Sequence : AA, BB, A16, AA, BB, A, Tag, B, A, Ending  
Music : "Hula Hoop" by Omi (single)

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## PART A

### Rock Side Recover, Close, Rock Side Recover, Close, Rock Fwd Recover, Shuffle ½ Turn R

1-2 RF rock side, LF recover  
&3-4 RF together, LF rock side, RF recover  
&5-6 LF together, RF rock forward, LF recover  
7&8 RF ¼ right step side, LF step beside, RF ¼ right step forward [6]

### Cross, ¼ Turn L Back, Coaster, Fwd, Hold, Ball, Walk x2

1-2 LF cross over, RF ¼ left step back  
3&4 LF step back, RF together, LF step forward  
5-6 RF step forward, hold  
&7-8 LF together, RF step forward, LF step forward [3]

### Rock Fwd Recover, Triple Full Turn R, Side Point x2

1-2 RF rock forward, LF recover  
3&4 RF ½ right step in place, LF step beside, RF ½ right step in place  
5-8 LF step side, RF point side, RF step side, LF point side [3]

### Diag. Rock Back Recover, Shuffle Fwd, Pivot ½ Turn L, Rock Fwd Straightening Up Recover

1-2 LF ½ left rock back, RF recover  
3&4 LF step forward, RF step beside, LF step forward  
5-6 RF step forward, R+L ½ turn left  
7-8 RF rock forward, LF ⅛ right recover [9]

## PART B

### Rolling Vine, Point Clap (x2)

1-4 RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side and clap  
5-8 LF ¼ left step forward, RF ½ left step back, LF ¼ left step side, RF point side and clap

### Hip Bumps, Hip Rolls

1-4 RF step side and bump hips right, hips right, hips left, hips left  
5-8 roll hips cw in 2 counts, roll hips cw in 2 counts

### Pivot ½ Turn L x2, Rocking Chair

1-4 RF step forward, R+L ½ turn left, RF step forward, R+L ½ turn left  
5-8 RF rock forward, LF recover, RF rock back, LF recover

### Hip Bumps, Hip Rolls

1-4 RF step side and bump hips right, hips right, hips left, hips left  
5-8 roll hips cw in 2 counts, roll hips cw in 2 counts

## TAG

### Side Rock Recover, Back Rock Recover

1-4 RF rock side, LF recover, RF rock back, LF recover

## Ending

*End after the last part A with:*

1-3 RF rock forward, LF recover, RF 3/8 right step forward [12]