

# One Day

Choreographer : Wil Bos (NL) & Regina Cheung (CAN) (March 2021)  
Walls : 4-wall line dance  
Level : Intermediate  
Counts : 34  
Info : Intro 8 counts  
Music : Just One Day by Élage Diouf & Johnny Ried

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## Sec 1 Nightclub Basic, ¼ Step, Step ½ Pivot Step, Full Turn Step, Mambo Sweep

1-2& Step left to left, step right beside left, cross left over right  
3 Turn ¼ right step right forward (3:00)  
4&5 Step left forward, pivot ½ right transferring weight onto right, step left forward (9:00)  
6&7 Turn ½ left step right back, turn ½ left step left forward, step right forward (9:00)  
8&1 Rock left forward, recover weight onto right, step left back sweeping right from front to back

## Sec 2 Behind, Side, Cross Rock, Recover, Side Cross, ¾ Run Around, ⅛ Mambo Drag

2& Cross right behind left, step left to left  
3-4& Cross rock right over left, recover weight onto left, step right to right  
5 Cross left over right  
6&7 Turn ¼ right step right forward, turn ¼ right step left forward, turn ¼ right step right forward (6:00)  
8&1 Turn ⅛ right rock left forward, recover weight onto right, step left back dragging right towards left (7:30)

## Sec 3 Run Back, Mambo Back, Full Turn Step, Mambo Sweep

2&3 Step right back, step left back, step right back  
4& Rock left back, recover weight onto right

**Restart** Here on Walls 4 & 6, Turn ⅛ left to restart facing 3:00 on Wall 4 & facing 12:00 on Wall 6

5 Step left forward  
6&7 Turn ½ left step right back, turn ½ left step left forward, step right forward (7:30)  
8&1 Rock left forward, recover weight onto right, step left back sweeping right from front to back

## Sec 4 ½ Sailor Turn, Press Rock, Recover, Kick, Weave, Side Rock, Recover, Cross, Sway Sway

2&3 Turn ¼ right cross right behind left, turn ¼ right step left slightly to left, step right forward (1:30)  
4-5 Press rock left forward, recover weight onto right kicking left forward  
6&7 Cross left behind right, turn ⅛ right step right to right, cross left over right (3:00)  
&&& Rock right to right, recover weight onto left, cross left over  
9-10 Step left to left swaying left, sway right

**Start Again**