

Spirit in the Sky



Choreographer :Wil Bos
Level :Beginner/Intermediate
Walls :4 Walls
Counts :32 Counts - Bpm 128
Music :Spirit in the Sky – Gareth Gates
Note :Start Dance Afther 32 Counts Intro

Walk, Walk, Heel Switches, Toe Point, 1/4 Turn

1 – 2 Walk R , L
3 & 4 Touch right heel forward, Right next to left, Touch left heel forward
& 5 & 6 Left next to right, Right toe point right, Right next to left, Left toe point left
& 7 – 8 Left next to right, Right toe point Right, ¼ Turn Right

Coaster Step, Left Shuffle, Syncopated Forward Rocks,

1 & 2 Right step back, Left next to right, Right step forward
3 & 4 Left step forward, Right next to left, Left step forward
5 – 6 Right rock step forward, Recover on left
& 7 – 8 Right next to left, Left rock step forward, Recover on right

Shuffle ½ Turn Left, Side Rock, Behind Side Cross, Side Rock

1 & 2 ¼ Left with left foot, Right next to left, ¼ Turn left with left foot
3 – 4 Right to right side, Recover on left
5 & 6 Right cross behind left, Left next to right, Right cross over left
7 – 8 Left to left side, Recover on right

Sailor Step ¼ Turn Left, Right Shuffle, ½ Pivot Right, ¼ Pivot Right

1 & 2 Left behind right, Righth step back with ¼ turn left, Left step forward
3 & 4 Right step forward, Left next to right, Right step forward
5 – 6 Left step forward, Pivot ½ turn right
7 – 8 Left step forward, Pivot ¼ turn right

Start Again and Have Fun!!!!